

Petra Segreta Luxury Resort & Spa



Whole Body Treatments

Snehana Abhyanga

Oiling of the body and the head with medicated Ayurvedic oils

40 minutes **Price €120pp**

Sarvanga Abhyanga

Traditional treatment of the body and the head with Ayurvedic medicated oil

90 minutes **Price €195pp**

Nala Abhyanga

Treatment of the body and the head with medicated oils to boost circulation

60 minutes **Price €160pp**

Garshana Abhyanga

Ayurvedic treatment applied with raw silk gloves

60 minutes **Price €160pp**

Udvardana Abhyanga

Full body treatment with herbal powders

60 minutes **Price €160pp**

Nadi Abhyanga

Energetic channels treatment

60 minutes **Price €160pp**

Partial Body Treatments

Shiro Abhyanga

Specific head treatment with medicated oils

40 minutes **Price €120pp**

Mukha Abhyanga

Specific face treatment with medicated oils

40 minutes **Price €120pp**

Pada Abhyanga

A specific treatment for the foot with medicated oils
40 minutes **Price €120pp**

Tanda Abhyanga

A specific treatment for the back
60 minutes **Price €160pp**

Griva Abhyanga

A specific treatment for the neck to de-contract and relax the cervical spine and the shoulders
40 minutes **Price €120pp**

Kaash Bowl for feet or face (Ayurvedic Point Method)

Treatment applied with herbally medicated Ghee (Ayurvedic butter)
40 minutes **Price €120pp**

Reiki

60 minutes **Price €160pp**