

## Chia Natural Spa



### Chia Laguna Sun Programme

The pre-sun programme prepares skin for sun exposure, protecting and preserving its natural moisture. The after-sun programme refreshes, repairs, restores and moisturises after exposure to the sun's rays. The pre-sun and after-sun combination offer the perfect recipe for a safe, radiant and even tan.

#### Pre-Sun

- 1 pre-sun body treatment (50 min)
- 1 Eteria radiance face treatment (50 min)

#### Or After-Sun

- 1 moisturising body treatment with thermal trace elements (50 min)
- 1 moisturising and alkalising face treatment (50 min)

**€180 Each (pre-book, pay locally)**

### Chia Laguna Relaxation Programme

The therapists skilled hands and relaxing essential oils that stimulate the senses provide a moment of utter well-being and complete relaxation.

- 1 relaxing total body massages (50 min)
- 1 Tranquillity Ritual (50 min)

**€195 (pre-book, pay locally)**

### Infinity Massages Programme

For those who love total relaxation, the best selection of massage techniques from all over the world.

- 2 relaxing massages (50 min)
- 1 Tibetan sound massage (80 min)
- 1 mastic oil toning massage (50 min)
- 1 relaxing olive oil and lavender massage (50 min)

**€495 (pre-book, pay locally)**

## Body Cell Strategist Programme

A delicate and effective anti-cellulite treatment whose prime cosmetic active ingredients allow for a toning and draining action on skin tissue.

- 1 Grotta Giusti mud (50 min)
- 1 draining/toning massage (50 min)
- 2 seaweed treatments (80 min)
- 2 Bagni di Pisa mud (50 min)

**€540 (pre-book, pay locally)**

## Chia Laguna Absolute Spa Programme

Enchanting rituals, relaxing remedies. A combination of specific treatments which together form a complete wellbeing and beauty programme for the face and body. A blend of relaxing, detoxifying and anti-aging actions to rediscover youthful radiance and to experience the true beauty of serenity.

- 1 salt massage (80 min)
- 2 tranquillity rituals (50 min)
- 3 personalised total body massages (50 min)
- 1 Laguna anti-ageing luxury face treatment (50 min)

**€700 (pre-book, pay locally)**

## Man Programme

Specific treatments for male skin giving new energy to the whole body.

- 1 man space face treatment (50 min)
- 1 personalised total body massage (50 min)
- 1 lavender and olive oil relaxing massage (50 min)
- 1 Resonanz Dorsalis (50 min)

**€350 (pre-book, pay locally)**

## Face Programme

Specific treatments moisturise, nourish and oxygenate the face or neck protecting it from sun rays and exalting suntan.

- 1 Eteria radiance face treatment (50 min)
- 2 luxury Laguna face treatments (50 min)
- 1 toning and moisturising face massage (25 min)
- 1 moisturising and alkalising face treatment (50 min)

**€435 (pre-book, pay locally)**