

## Hotel Abi d'Oru Abi Spa



### Hydramemory

Deep moisturising treatment with hyaluronic acid, prevents the signs of premature aging and leaves skin visibly bright and smooth.

30 minutes **Price €60pp**

60 minutes **Price €100pp**

### Sublime Skin Lift

A unique combination of Archilift™ Technology complex, a comforting peel-off face mask and Active Lift Massage re-designs the skin on the face and neck and prevents wrinkles, puffiness and signs of aging and increases tone and firmness.

60 minutes **Price €120pp**

### Sublime Skin Eye Patch

Innovative hydrogel mask enriched with peptides for an immediate action on tired looking eyes, marked by wrinkles, puffiness and dark circles. Provides immediate relief to the delicate eye contour area.

30 minutes **Price €30pp**

### Abi Face

Treat your skin to all the richness of Sardinia with this personalised facial treatment. A double concentrate of Cannonau grapes combined with extract of prickly pear flower and also featuring unique red coral dust from the Mediterranean sea creating a powerful synergy to leave your skin more compact, light and with the appearance of wrinkles visibly reduced.

60 minutes **Price €100pp**

## Massages

### Lymphatic Massage

50 minutes **Price €90pp**

### Anti-Cellulite Massage

50 minutes **Price €90pp**

### Deep Stress Relief Massage

30 minutes **Price €60pp**

50 minutes **Price €90pp**

### Sports Massage

50 minutes **Price €90pp**

### Full Back Massage

30 minutes **Price €60pp**

### Draining Massage

50 minutes **Price €90pp**

### Toning Massage

50 minutes **Price €90pp**

### Maternity Massage

50 minutes **Price €90pp**

### Honey Scrub

50 minutes **Price €90pp**

## Sleep Enhancement Ritual

An innovative massage acting on three different sensorial pathways: olfactive, tactile and hearing, for profound relaxation. A unique blend of essential oils combined with Ayurvedic and Indonesian manual techniques gently guide the way to achieve a peaceful state of mind and body.

60 minutes **Price €130pp**

## Salt Massage Ritual

A unique and exciting ancient ritual with salt and basaltic stones. Ideal to support a purifying and revitalizing action, it remodels the body and reinvigorates circulation for an overall refreshing and uplifting effect.

50 minutes **Price €110pp**

75 minutes **Price €140pp**

## Hot Stone Ritual

Deeply relaxing ritual treatment thanks to the use of hot Mexican lava stones and essential oils. Perfect after intense sports activity, it helps to ease muscular tension, it relaxes and revitalizes the body and has a pleasant soothing effect.

50 minutes **Price €110pp**

75 minutes **Prices €140pp**

## Mediterranean Ritual

Ritual treatment with essential oils such as basil, orange, bergamot and anise, combined with a massage with Jojoba oil with moves inspired by the sea waves and the warm and vibrant soul of the Mediterranean for a pleasant sensation of lightness.

50 minutes **Price €100pp**

75 minutes **Price €130pp**

## Tranquillity Ritual

Ritual aimed at promoting complete relaxation and psychophysical re-balancing thanks to a slow and deep enveloping technique.

50 minutes **Price €100pp**

75 minutes **Price €130pp**

## Abi Ritual

Allow the true essence of Sardinia to envelop you from head to toe, intoxicating you with the alluring fragrance of the island. Golden Sardinian honey and essential oils and rosemary, myrtle, helichrysum and rockrose combined with balancing massage techniques soften and re-invigorate the body.

75 minutes **Price €140pp**